



Job Title: Group Fitness Instructor

Date: September 26, 2024

Reports to: Outing Club Executive Director, Erica Brown

Job Type: Part-time, hourly

Location: The Outing Club at Mountainside: 23 Summit Road, New London, NH 03257

Hours: Vary, Morning, Evening & Weekend may be required

About Us

The Outing Club is a community nonprofit organization dedicated to lifelong wellness. We offer a variety of programs and activities designed to help people of all ages live healthier, happier lives. Whether you're looking for fitness classes, racquet sports, youth or adult sports programs, or even childcare, The Outing Club has something for you.

Position Summary

We are seeking a passionate and energetic Group Fitness Instructor to join our team. The ideal candidate will have a strong background in fitness, excellent communication skills, and a commitment to inspiring and motivating clients to achieve their health and wellness goals.

Responsibilities

- **Develop and Lead Group Fitness Classes:** Create and lead a variety of group fitness classes, including but not limited to: cardio, strength training, yoga, pilates, and dance.
- **Provide Personalized Guidance:** Offer personalized guidance and support to clients, helping them to achieve their fitness objectives and overcome challenges.
- **Maintain a Safe and Positive Environment:** Ensure a safe and positive environment for all participants, promoting proper form, technique, and injury prevention.
- **Motivate and Inspire:** Create a motivating and inspiring atmosphere that encourages clients to push their limits and strive for excellence.
- **Contribute to Facility Growth:** Participate in facility events, promotions, and community outreach initiatives.

Qualifications

- **Fitness Certification:** Current certification from a recognized fitness organization (e.g., ACE, NASM, AFAA).
- **Experience:** Proven experience in group fitness instruction.
- **Strong Communication Skills:** Ability to communicate effectively with clients of all fitness levels.
- **Enthusiasm and Passion:** A genuine passion for fitness and a positive, energetic attitude.
- **Team Player:** Ability to work collaboratively with other team members.

Benefits

- Competitive compensation
- Complimentary Membership: The Outing Club at Mountainside
- A supportive and collaborative work environment

If you are a dedicated and enthusiastic fitness professional who is looking to make a positive impact on the lives of others, we encourage you to apply.

To Apply

Please submit your resume, cover letter, and fitness certifications to info@theoutingclub.org with the “Subject Line: Fitness Instructor”.